Hadleigh
High School

Highlands Road
Hadleigh
Suffolk IP7 5HU

01473 823496
office@hadleighhigh.net
hadleighhigh.net

Penrose Learning Trust

September 2026

**Dear Parents/Carers,**

We are currently reviewing our Relationships and Sex Education (RSE) curriculum and policy to ensure that our provision at Hadleigh High School meets the requirements set out by the Department for Education's guidance for schools.

**What does the guidance require?**

The guidance states that our RSE provision must be appropriate for our pupils, taking into account there:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and/or disabilities

**Our commitment to pupil wellbeing**

As you may know, our curriculum promotes personal wellbeing and development through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education. This is designed to equip our students with the knowledge and skills they need to live healthy, safe, productive and fulfilled lives—now and in the future.

**RSE expectations for secondary schools**

It is compulsory for students to cover the following topics as part of their secondary RSE education:

- Building healthy relationships and understanding consent
- Online safety and digital wellbeing
- Physical and emotional health
- Respect for diversity and different family structures
- The law regarding sexual health and relationships

Students will also continue to develop their understanding of topics covered during primary school.

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**How will RSE be delivered?**
All teaching will take place in a safe learning environment and will be underpinned by our school's ethos and values. We will provide a variety of opportunities for pupils to ask questions, further their understanding, and discuss topics that affect them personally.

**Consultation process**

We have updated our RSE policy to include our proposed new curriculum. A draft copy of the policy is attached to this letter for your review.

**Your feedback matters**

- If you have any comments or suggestions regarding the RSE policy, please share them using the following Google Form link:

The consultation window will close on **Monday 5th October 2026**

**Next Steps:**

- **P**lease review the attached draft RSE policy and curriculum
- Submit any feedback via the Google Form by the deadline above.
- If you have further questions, do not hesitate to contact the school on support@hadleighhigh.net

Thank you for supporting your child's education and wellbeing.

Yours sincerely,

**Max Corke**
PSHE & Careers Lead
Hadleigh High School